

## **Cruising Vicariously**

Circumnavigation of Lake Ontario by s/v Soulstice  
July 17 to August 16, 2011



This is one of several logs kept during the summer 2011 cruise around Lake Ontario by Graham and Diane Segger on Soulstice. The navigational and weather details are duly recorded in a conventional log while a free form narrative commentary on new friends met, interesting ports and helpful tips was also maintained. Regrettably, these were kept in Graham's chicken scrawl, often in rough conditions. The following email correspondence between a son and his father is a record of an effort to help an 88 year old former sailor participate vicariously in this adventure from the comfort of his own home.

**Background:**

Graham and Norman Segger began racing dinghies together in Sudbury when Graham was eight, first on a 13.5 foot Enterprise (interestingly, the beam of Soulstice, his current boat!) then on an 18 foot Y-Flyer scow, complete with spinnaker and trapeze. They campaigned the boats for a number of years throughout Ontario participating in provincial and national championships. When Graham moved on to racing Lasers and various types of sailboards then left home, Norman bought an easier to handle 19 foot O'Day daysailer and continued racing and day cruising. Later they sailed together on Graham's 1978 Hunter 33, Ceilidh. Norman is no stranger to the sea having served in WW2 in the Royal Navy, Fleet Air Arm. Prior to leaving Toronto on this cruise, Graham gave Norman a copy of the Lake Ontario & Thousand Islands Ports Cruising Guide so that he could follow along with the progress of the trip.

Soulstice is a 2003 Catalina 400, Mk II purchased by Graham and Diane in the US this past spring. They had not sailed the boat farther from the club than Bronte prior to this trip.

**Correspondence:**

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Sun, Jul 17, 2011 at 1:31 PM  
Subject: Ship's Log – July 17, 2011

Diane and I left QCYC this morning at 0945 with the dinghy engine mounted on the aft rail and "21" hoisted on her davits. The wind has been about 10 knots and we are averaging a little over 4 knots running almost straight downwind wing and wing with the whisker pole out. We passed Bluffers Park at 1215 and are now approaching Frenchman's Bay at Pickering. There is a 384 foot tall windmill there. We hope to make it to Port Darlington at Bowmanville or possibly Newcastle today.

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From: Norman Segger norman\*@\*.ca  
To: Segger Graham <graham\*@\*.com>  
Date: Sun, Jul 17, 2011 at 6:04 PM  
**Subject: First Cruise**

What a great day to make your first cruise and I wonder whether you will make Graham Creek at Newcastle your landfall. At least the name is relevant and the 8 foot draft sounds attractive.

We've experienced terribly hot weather - 97 degrees at the front door - so that rather restricted our movements - apart from church this morning.

However, we were able to watch Darren Clarke win the "Open" in good style and observe the continued hostile Channel weather - 62 degrees today and blowing a gale from every angle!

Look forward to future logs and hope you enjoy smooth sailing at all times. Love from both of us to both of you!

Cheers, ManD (mum and dad)

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Sun, Jul 17, 2011 at 6:22 PM  
**Subject: Re: First Cruise**

We stopped in Whitby as Darlington and Newcastle are too shallow. Unfortunately, we can't believe everything we read in the Ports book about depths. I called ahead to Darlington and Newcastle when off Oshawa and discovered I had to turn around given our 6 foot draft.

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
date: Mon, Jul 18, 2011 at 7:00 PM  
**subject: Whitby**

We held up in Whitby today due to the thunderstorm and small craft warning but will carry on to Cobourg tomorrow. We met several interesting couples including Colin and Ronit Minchom of Moondance from our own club.

We took the opportunity to take the Go Train back to the city this morning to pick up our spinnaker which we had left behind in the dock box - very convenient as the Go Train station is very close to the ports at both ends.

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From: Graham Segger graham\*@\*.com  
to: Norman Segger <norman\*@\*.ca>  
date: Tue, Jul 19, 2011 at 6:35 PM  
**subject: At rest in Cobourg**



Here is Soulstice at her end dock in Cobourg. We got in about 1530 after a 6.5 hour motor from Whitby into the east wind. I replaced several head hoses and clamps during the passage, a project I had not been able to get to before we left. Cobourg is a quaint little town with a well protected harbour. We are off to the Murray Canal tomorrow.

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Wed, Jul 20, 2011 at 12:50 PM  
**subject: Spinnaker flying**



We are nearing the Murray Canal and Bay of Quinte in relatively light winds so had a chance to fly our asymmetrical spinnaker for the first time this morning. The sock we have for the spinnaker is a Chute Scoop which makes deploying and dousing the sail much easier. It has a separate sleeve for the up and down sock halyards which keeps them from getting tangled and seems to work well.

Graham

From: Sylvia Sylvia\*@\*.com  
to: Graham Segger <graham\*@\*.com>  
date: Thu, Jul 21, 2011 at 5:46 PM  
**subject: Very colourful**

Sorry that you had such a long slog under power - hope you get better weather and everything goes smoothly. The 'chute is very colourful and I can imagine it will get you moving rather nicely. The trip through the Canal looks a bit tight and difficult - think I'd chicken out and try the "outside" route - but I'm sure you've got it all worked out and you've chosen the picturesque and more interesting route.

By the way, I'm using your Mum's computer as mine crashed earlier today and I just can't get seem to source the problem. Why is life so complicated? I tried the "Restore" but it didn't work and I'm literally "up the creek". Keep trying!!

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Look forward to your next log - and hope you're back on schedule and enjoying good weather.

All the best, Cheers.

ManD XXX

P.S. Maybe you should use this address until I get de-bugged - OK?

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Thu, Jul 21, 2011 at 7:35 PM  
**Subject: Pinned down in Belleville**

The trip through the Murray canal was very enjoyable other than a few tense moments just outside the western entrance. We found our speed decreasing dramatically while the depth sounder gave erratic readings due to the heavy weed beds. I realized that I was dragging half of the bottom of the channel with me on my anchor-like wing keel and needed to do some reversing maneuvers to free it. I learned later that I should have stayed closer to the north side of the channel.

The \$4.95 toll at the first of two swing bridges was collected by the bridge keeper by extending a brass can on a pole for us to deposit change into. It was unsettling being told on VHF to maintain speed and proceed toward the bridge. Sure enough just as I was about to cut the throttle the sirens would sound and the bridges began to swing.

We had a very nice sail past Trenton and under the highway bridge to Meyers Pier in Belleville.

We are, like you, enduring quite incredible temperatures here in Belleville today. They are accompanied by very, very strong winds blowing in from the south west at up to 30 knots. We were assigned a very public mooring on the inside wall at the end of a fairway of the marina and with a 50 foot cruiser just behind us. There is virtually no way we can get out, and the wind would have produced challenging conditions on the lake at any rate. I biked into town to do some hardware and grocery shopping. People here in the marina have been very friendly.

From: Norman Segger norman\*@\*.ca  
to: Segger Graham <graham\*@\*.com>  
date: Fri, Jul 22, 2011 at 2:25 PM  
**subject: Latest Log**

Ahoy there - Admiral and Captain:

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Have spent a little time experimenting with the black box and this is a trial run to see if anything works.

Have read your log on the Toshiba and was very impressed with the progress you are making.

Hope your weather is more friendly and you are able to enjoy the beautiful scenery around you. I did reference the maps and you have some great sailing ahead of you - all the way along to Collins Bay - if that is still your plan.

Back to my own problems - I'll shoot this message off and see what happens.

Cheers,

Dad

From: Graham Segger graham\*@\*.com  
to: Norman Segger <norman\*@\*.ca>  
date: Fri, Jul 22, 2011 at 5:03 PM  
subject: Prince Edward County

We are now at anchor after a fantastic day of sailing. We started the day in very light winds and had mainsail, genoa (with pole) and the asymmetrical spinnaker all up for the run down the Bay of Quinte, then wing and wing through the Narrows, followed by a very close reach in 10 to 15 knot winds all the way down Long Reach and wing and wing again down Adolphus Reach. We sailed for a while with our new friends on Vankedisi, a Nonsuch 26, on the initial run, but we walked away from them on the close reach. Winds varied from 5 to 15 knots and our speed from 3 to 7 knots. We are anchored in Prinyer's Cove near the end of Adolphus Reach. Diane is now fishing for dinner, but no bites yet.

From: Graham Segger graham\*@\*.com  
to: Norman Segger <norman\*@\*.ca>  
date: Sat, Jul 23, 2011 at 10:05 PM  
subject: Collins Bay

We had winds straight out of the east so motored from Prinyer's Cove to Collins Bay Marina and then tied Soulstice up in slip B02 (see front cover of Richardson's Lake Ontario chart book) where she will stay for five days. Tomorrow morning we will take the train to Ottawa and then Diane will fly off to Winnipeg to visit with her mom and I will see Michelle and then travel north into Quebec for my annual canoe trip with the old gang. I will be out of email communication range for this period.

We found a great little Italian restaurant across the bay from the marina called Bella Bistro as well as a good chandlery.

Graham

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From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>, (and others)  
Date: Thu, Jul 28, 2011 at 6:53 PM  
Subject: Navy Bay, Kingston

Three quarters of the Peanut Butter Kids secret society (ed. note - elementary school friends) are currently at anchor in Navy Bay between Fort Henry and the Royal Military College. We feel quite safe despite the cannons aimed at us. This picture is one of the Martello Towers which surround Kingston and is located 100 metres from where we are at anchor. I cooked them steak shish kabobs on the BBQ.



We had a full day on the water today and circumnavigated Howe Island in good weather and winds - no rain so far.

Our canoe trip on the Noire River which included the three of us, Cameron and the Paulseth brothers in three canoes was very successful. We had mostly good weather and some very nice stretches of white water. Cam adapted very well to life on the river with the old farts and also did very well reading the river. We only swamped once.

Tomorrow we will return to Collins Bay Marina so that Ken and Dave can resume their vacations with their wives. Diane will be back from Winnipeg late Saturday so that we can resume our trip east into the Thousand Islands.

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>, (and others)  
Date: Sat, Jul 31, 2011 at 9:50 PM  
Subject: Wild weather and never ending laundry

The sail back from Navy Bay to Collins Bay yesterday morning was very exciting. We awoke to a 20 knot south wind which allowed us to exceed hull speed of 8.1 knots while reaching past Kingston. I let Dave take the helm most of the way. The rain hit with a vengeance at 1100 and we were very thankful for the protection of the bimini and dodger. When the thunder and lightning clouds closed in we furled the sails and motored the final 15 minutes into Collins Bay where the docking was very tricky.

Today was a quiet day for me as I awaited Diane's late evening return from Winnipeg by way of Ottawa and busied myself with a variety of tasks including 5 loads of laundry and replacing all of the canvas hatch cover shock cords which were disintegrating. Diane's train from Ottawa was delayed one hour.

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From: Graham Segger graham\*@\*.com  
to: Norman Segger <norman\*@\*.ca>  
date: Sun, Jul 31, 2011 at 2:43 PM  
**subject: Navionics**

Diane and I are underway again. So far today we have repeated the track followed by Ken, Dave and I on Thursday through the Canadian Middle Channel on the south side of Howe Island. We are thinking of anchoring off Leek Island.

I have downloaded onto my iPhone a \$14 navigation application which you might also like to obtain for mom's iPod Touch. You may want to wait until I am there to help you. It is called Navionics and the version you want is "North America and Lakes - USA and Canada" version. It contains all US and Canadian official chart data. Better yet, I have downloaded Lake Ontario onto my iPhone so I do not need to be online to use it. It is more detailed than my Raymarine chartplotter - amazing!!! So, I now have my paper charts, Raymarine NT C-Map Chartplotter and iPhone to compare. It is a bit of a power drain as the GPS is continually polling so I plug the iPhone into the DC cigarette lighter at the helm.

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Tue, Aug 2, 2011 at 11:31 AM  
**Subject: Leek (Thwartway) Island**

We have not made much seaway since the last log as we have found a very pleasant anchorage. We are anchored in the mouth of the small bay on the south side of Leek Island (page 283 & 284). We are only 2 kilometres from Gananoque and about 400 metres from the USA border in the channel between us and Grindstone Island. We went into Gan by dinghy yesterday for some supplies and were astounded by the boat traffic. We have found that it is fun touring the islands by dinghy, especially with my iPhone navigation package in hand. Fortunately, it is very peaceful where we are moored which is why we have decided to stay a few days. There is so much to see that our mid-August return may be optimistic.

We've met two very nice couples here in the anchorage, one from Mimico and the other from Syracuse. Both have serious blue water sailing boats and we've enjoyed visiting back and forth the last three nights.





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From: Norman Segger norman\*@\*.ca  
To: Segger Graham <graham\*@\*.com>  
Date: Wed, Aug 3, 2011 at 9:38 AM  
**Subject: Leek Island**

Sounds rather idyllic and I'm not surprised to hear of the popularity of the dinghy. Probably is the popular choice amongst the "locals" as the depths vary so much and with Soulstice you would have to be very careful.

We have a little knowledge of "Wolfe" - years back we visited the island - made use of the ferry, of course - not particularly impressed with the geography but were surprised at the number of permanent cottages/houses on the island. In the summertime I'm sure it would be very pleasant.

Hope the weather stays fine for you and look forward to your next "logs". Has the "Admiral" enjoyed better luck with the fishing? --- had a look at some light-weight "fish-finders" on the internet and thought they'd be a great addition to your equipment - and save a lot of time, maybe!  
Cheers for now and enjoy the moment. ManD

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Wed, Aug 3, 2011 at 6:14 PM  
**Subject: The Lake Fleet**

After cruising through the Admiralty Islands and the Lake Fleet today, through intermittent showers, we are now securely tied up to the Gananoque Playhouse dock for the evening. The charge is only \$12 in addition to our theatre tickets for this evening. I can assure you that these islands are much more attractive than Wolfe Island, which, in addition to being very agricultural, is also now covered in windmills. The play we will view is Lend me a Tenor, apparently very light and humorous, perfect for this time of year.

I also did some solo motoring today as Diane had to leave the mother ship while we were cruising through the choppy wake filled waters off Gan. She jumped into the dinghy while we were in motion and motored up the river for some emergency dental work in town. It was fortunate that yesterday we discovered the ramshackle mooring dock up the river by the power plant which is so convenient to King Street and the shops. All is now well and she has even found time to bake a few batches of oatmeal cookies.

Tomorrow we will head further down the St. Lawrence, possibly to Georgina Island. We are about to break out our umbrellas for a walk through town.

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From: Graham Segger graham\*@\*.com  
to: Norman Segger <norman\*@\*.ca>  
date: Thu, Aug 4, 2011 at 4:35 PM  
**subject: Just southwest of Pine Island**

If you look smack in the middle of page 310 you will see our current anchorage described. It is as pretty as the book notes and is very well protected from the wakes and light east wind. We found the anchorages and moorings around Georgina to be very crowded so opted for this better option. Only issue was ensuring we stayed clear of the underwater power cables while anchoring. Today Diane enjoyed motoring Soulstice through the rapids which were kicked up in several of the narrow channels. We will do some dinghy exploring this evening and then head for the US side at Alexandria Bay and the famous Heart Island.

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Thu, Aug 4, 2011 at 8:46 PM  
**Subject: Heart Island**

Change of plans! We decided to take our dinghy "21" for a run down to the US tonight to see Boldt Castle on Heart Island (page 334). We found a marvelous narrow channel called the International Rift (see right side of page 307 picture) which we followed down to Alexandria Bay and the castle. We had to check into the US with our Nexus cards and then back into Canada when we returned. All and all it took 25 minutes to get there, 45 minutes to tour the castle and 15 minutes to take the direct route back past Rockport.

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>, (and others)  
Date: Thu, Aug 4, 2011 at 8:52 PM  
**Subject: The Admiral and the 3 Harts**

This is Diane in our dinghy in front of the Boldt Castle entry arch on Heart Island on the US side of the St. Lawrence. It was a very worthwhile side trip. Soulstice is anchored tonight near the Thousand Island Bridge.

Love to all,

Graham & Diane



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From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Sat, Aug 6, 2011 at 6:04 PM  
**Subject: Basin Harbor (page 363)**

Yesterday we checked Soulstice and ourselves into the US at Heart Island then had a great sail down the American Narrows. We moored at French Bay Marina in Clayton, NY. It was the US entry port to the Thousand Islands 100 years ago and has some interesting architecture. I had learned a few days ago that the Preservation Hall Jazz Band was playing the Opera House there and had acquired tickets. It was a great show topped by an opportunity we had to chat with the two leaders of the band while we were out for a quick walk around the block at intermission. We reminisced about meeting one of their wives when we saw them in New Orleans last January. They envied our sailing adventure.

This morning we visited the Antique Boat Museum and had an entertaining splicing demonstration. We got underway a 1300 and motored into the SW wind until we rounded Cape Vincent and had a nice close reach for the last hour. Biggest challenge today was dodging two huge freighters which overtook us in the narrow channel requiring that we carefully anticipate their course and plan ours accordingly to stay clear.

We are currently at anchor in a little isolated and protected bay on the NE side of Grenadier Island just off Mud Creek, NY. We will spend the night here then head out onto the big lake tomorrow, hopefully with some favorable NE winds.

From: Norman Segger norman\*@\*.ca  
to: Segger Graham <graham\*@\*.com>  
date: Sun, Aug 7, 2011 at 8:56 PM  
**subject: Catch-up**

Hi there, you mariners:

Thanks for your interesting logs - am enjoying them so much. You really are seeing a lot of the Lake and that experience will make conversation even more interesting when you get back to home port.

Hope you had good winds today. We were down at Bronte and although it was very humid there was a decent wind and several craft were enjoying the moment.

So, have to sign off and go to work on Mum's laptop - has a little hiccup that needs fixing!!

She was upstairs a few minutes ago to look at George's pics - we did send them on to you - sure you will enjoy them.

Cheers, TTFN ManD XX

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From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Sun, Aug 7, 2011 at 9:51 PM  
**Subject: Sodus Bay**

We had calm seas and little wind today so made the 57 NM crossing from Grenadier Island to Sodus Bay in about 8.5 hours using the iron genny. At 3000 rpm we got 7.5 knots, but I found a more economical 2000 rpm only reduced that to 6.4. Only regret was passing Sackett and Henderson Harbors which I had hoped to visit.

Anyone watching us from shore must have been scratching their head as I took advantage of the calm conditions today to recalibrate the Autopilot by motoring around in circles. They may also have wondered at our antics as we swatted futilely at the many biting flies which accompanied us. As we have most days, we took advantage of the very convenient raw water anchor washdown hose and pump to keep the decks clean.

We explored Sodus Bay in our dinghy then found a great restaurant called, ironically, Bay Street.

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Mon, Aug 8, 2011 at 7:00 PM  
**Subject: Rochester**

We had an exciting sail from Sodus Bay (page 235) to here. We covered the 28 NM by sail in a little less than 6 hours. The seas were 4 feet early in the day reducing to 3 by the time we "reached" here. Soulstice took them very much in her stride though we were rocking through about 35 degrees at a couple of points according to our gauge. Maximum speed was 7 knots but average much less as the winds died later in the day. Otto the Autopilot has been earning his keep on the longer passages. Only real aggravation was the flies which continued to hitchhike along with us.

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Tue, Aug 9, 2011 at 10:41 AM  
**Subject: Rainy Day in Rochester**

We are still moored at the Rochester Yacht Club, a very nice facility on the Genesee River just off the lake. It is pouring rain with not much better prospects for the balance of the day. We will have a visit this afternoon from Diane's cousin Heidi, one of Aunt Audrey's daughters, who lives here. She could not make it to the wedding but I have met her once before in California.

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Fellow QCYC members Terry & Nancy arrived here at 5 am this morning after crossing the lake overnight. We'll get together with them later as well.

It is amazing how many cruising Torontonians we are running into down here. The most common burgees seem to be from Mimico and Etobicoke sailing clubs.

We are already missing the clean swimming waters of the Thousand Islands.

Our port options from here west are more limited and west winds are in the forecast so we will be taking it day by day. Ideally we will sail to Point Breeze / Oak Orchard tomorrow.

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Wed, Aug 10, 2011 at 11:51 PM  
**Subject: Oak Orchard**

Seldom have we been as glad to get into a safe harbour as today. We began the day with a 4 hour beat into the 10 to 15 knot west winds which brought us just under half way to our destination. When the gusts started hitting 20 knots and the seas built to 4 feet we brought in the sails and started motoring into the building waves. Soon we were getting 30 knot gusts on the nose which slowed us to about 3 knots at 2500 rpm. Fortunately it was sunny with no flies.

After 4 hours of motoring we made it into Point Breeze / Oak Orchard which is one of the few refuges along this coast. We went for a dinghy ride up the river and then cooked dinner for another C400 cruising couple from Mimico who we had met earlier.

It was a sad day for many cruisers today as we heard a variety of mayday and pan pan alerts. One boat had its dinghy stripped off in a squall in mid lake, another went aground trying to get into Eagle Creek in the surge, and a Catalina 36 from PCYC went aground right in front of us trying to get in the east entrance to Oak Orchard (contrary to the Ports Guide recommendation to take the west entrance).

Hopefully the wind will be more cooperative tomorrow.

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From: Graham Segger graham\*@\*.com  
to: Norman Segger <norman\*@\*.ca>  
date: Thu, Aug 11, 2011 at 9:16 AM  
**subject: 10 foot seas**

We're staying in port today. Ten foot waves reported by the fishermen, who went out and quickly came back in despite the fact that they are in the middle of a big fishing tournament. Perhaps we will visit the Oak Orchard YC and walk out to see the big waves from the breakwall.

From: Norman Segger norman\*@\*.ca  
to: Graham Segger <graham\*@\*.com>  
date: Thu, Aug 11, 2011 at 5:03 PM  
**subject: Re: 10 foot seas**

So difficult to understand the weather - we are thoroughly enjoying the day - relief from the humidity and pleasant temperatures.

We went for a decent sized walk this morning and this afternoon I went down to the Bowling Club and had a short but enjoyable game with a mix of old friends. Your Mum was at the doctor's for her annual!

Do hope you get a decent break in the weather - I note that there is some very interesting fishing in your area - any luck, Diane?

Look forward to your next log,

Cheers,

ManD

From: Graham Segger graham\*@\*.com  
to: Norman Segger <norman\*@\*.ca>  
date: Fri, Aug 12, 2011 at 1:12 PM  
**subject: CN Tower in Sight**

Wave conditions are fair on the lake today, but what wind there is is again on the nose so we are motoring again. We got an early start and are currently 2 miles off Wilson, NY, the port we had hoped to stay at last night. We are going to push on through to Port Dalhousie today where Diane's daughter Nicole will pick us up for a short visit with the grand kids.

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The CN Tower and bank towers are just in sight through the Toronto haze 27 miles away and we see Buren Star, a Newfie ketch, just ahead of us. We had dinner with them last night.

Diane has her water colours out and has been painting butterflies as we cruise along.



From: Graham Segger graham\*@\*.com  
to: Norman Segger <norman\*@\*.ca>, (and others)  
Date: Sat, Aug 13, 2011 at 5:57 PM  
**Subject: Anniversary Update**

Just a quick note to update everyone on our anniversary activities. We moored Soulstice at Port Dalhousie Pier Marina last night after an eight hour motor from Oak Orchard and spent the evening in Fonthill with the grand kids. This morning we cheered Sidney at her last soccer game of the season.

This afternoon's adventures for the intrepid pair included a 20 kilometre cycle from Port Dalhousie to Niagara on the Lake on our folding bikes which we have been hauling around Lake Ontario for the last month. We had expected to try a few wineries along the way, but against all odds ended up at an afternoon "cream tea" in a country church garden complete with cucumber sandwiches and scones. We are making up for this aberration now with a half bottle of wine on Zee's patio. Tonight we have tickets for My Fair Lady at the Shaw Festival Theatre. I've preordered a taxi to get us back to the boat after the show. Tomorrow we hope to make it to Fifty Point, weather permitting. Our plan is to be back at QCYC Monday or Tuesday evening.

From: Norman Segger norman\*@\*.ca  
to: Segger Graham <graham\*@\*.com>  
date: Sat, Aug 13, 2011 at 8:03 AM  
**subject: Anniversary #1**

Who would have imagined you would be anchored in Port Dalhousie for your first ANNIVERSARY ????

What an active year it has been and you must be thrilled with all your many accomplishments.

We both send you our love and congratulations and hope that your future will continue to be as full and happy.

Cheers to two terrific people. ManD XXXXXX

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From: Graham Segger graham\*@\*.com  
to: Norman Segger <norman\*@\*.ca>  
date: Sun, Aug 14, 2011 at 3:23 PM  
**subject: Progress**

Currently off Grimsby making about 5.5 knots in good wind. We got chatting with some folks in Port D and did not leave the dock until 1330. The weeds in PDPM are ridiculous. Had to reverse twice to remove a massive plume from my keel and rudder.

I will call you in a few minutes to see if you can make it down to Royal Hamilton to have dinner with us tonight. We hope to make the 1730 or 1800 bridge opening at the Burlington Canal.

From: Graham Segger graham\*@\*.com  
To: Norman Segger <norman\*@\*.ca>  
Date: Mon, Aug 15, 2011 at 8:03 PM  
**Subject: Port Credit**

We made it safely to Port Credit today before the rain hit. When it cleared we took the bikes out again and rode the very nice 4.0 k Waterfront Trail to Port Credit Village.

From: Graham Segger graham\*@\*.com  
To: Norman Segger [norman\\*@\\*.ca](mailto:norman*@*.ca) (and others)  
Date: Tue, Aug 16, 2011 at 2:11 PM  
**Subject: The Kordana Rose**

After 4 weeks away, Soulstice and her Kordana Rose bush have returned to Toronto. This rose has survived rain storms, 50 kilometre winds and 100 degree F heat waves and unbelievably continues to send out new blooms. She has actually been onboard since late June.

We aren't quite in port yet because it is too nice out on the lake today to come in. We will be back at the club later this afternoon and stay onboard tonight, returning to Abinger tomorrow.





Cruising Vicariously: Circumnavigation of Lake Ontario by s/v Soulstice  
July 17 to August 16, 2011

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From: Norman Segger norman\*@\*.ca  
to: Segger Graham <graham\*@\*.com>  
date: Wed, Aug 17, 2011 at 5:51 PM  
subject: Home Port

Welcome home and I hope you're safe and snug at your own mooring.

What a great maiden voyage - I admire your accomplishments and a great foundation to plan the future.

Belated thanks for your hospitality at RHYC - it was a nice surprise and so nice to sit down with you. We were so impressed, Diane, with your professional seamanship in bringing Soulstice alongside. Of course, the skipper didn't do too badly, either! A great combination - as we all agree!

Before you leave on your next cruise we'll have to look at the fish-finder options - there are so many to choose from so, perhaps, Graham, you might look over the offerings and we'll go shopping when you next visit Burlington.

So that's the end of your logs for the next wee while - will miss them so much.

Look forward to seeing you on Monday.

Cheers, ManD

**Postscript:**

In response to a nomination by Jim Dow, the above log was polished and submitted to Queen City Yacht Club for consideration for the annual competition for best cruising log. This is a picture of the Valhalla Trophy presented at the annual awards banquet. We were proud to be able display it in our home for the following year.



Diane (Admiral); Graham (co-author); Norman (co-author); Jim Dow (nominator)