

Lake Ontario Fishing On Your Catalina Sailboat

Diane Segger
s/v Soulstice



Agenda

- Fish Stories
- Fishing Trivia
- Licensing
- Essential Equipment
- Techniques
 - Trolling
 - Landing the fish
 - Filleting
- Ontario Gamefish and Lure Guide
- What to do if you can't catch a fish

Fishing Credentials

- Fellow sailors often seem surprised when we tell them that we regularly catch fish on Soulstice, our Catalina 400, and BBQ and eat them onboard the same day
- Graham and I also enjoy the occasional fishing adventure when away for Soulstice

Diane with brothers in the 50s



2012 Trout in Lake Ontario



Walleye in Northern Ontario and Manitoba



Fishing from our Kayaks in Burnt Store Marina, Punta Gorda, FL (this is a Crevalle Jack)



The Ones We Dream Of



King Tarpon at
Cabbage Key, Florida



Maui Sport fishing

Fishing Trivia

- More Canadians fish than play golf and hockey combined
- In 2010, anglers caught approximately 193 million fish and released 63 million
- Port Credit has 40 fishing charter boats
- Canada and the US stock Lake Ontario with over 1,000,000 Chinook Salmon each year

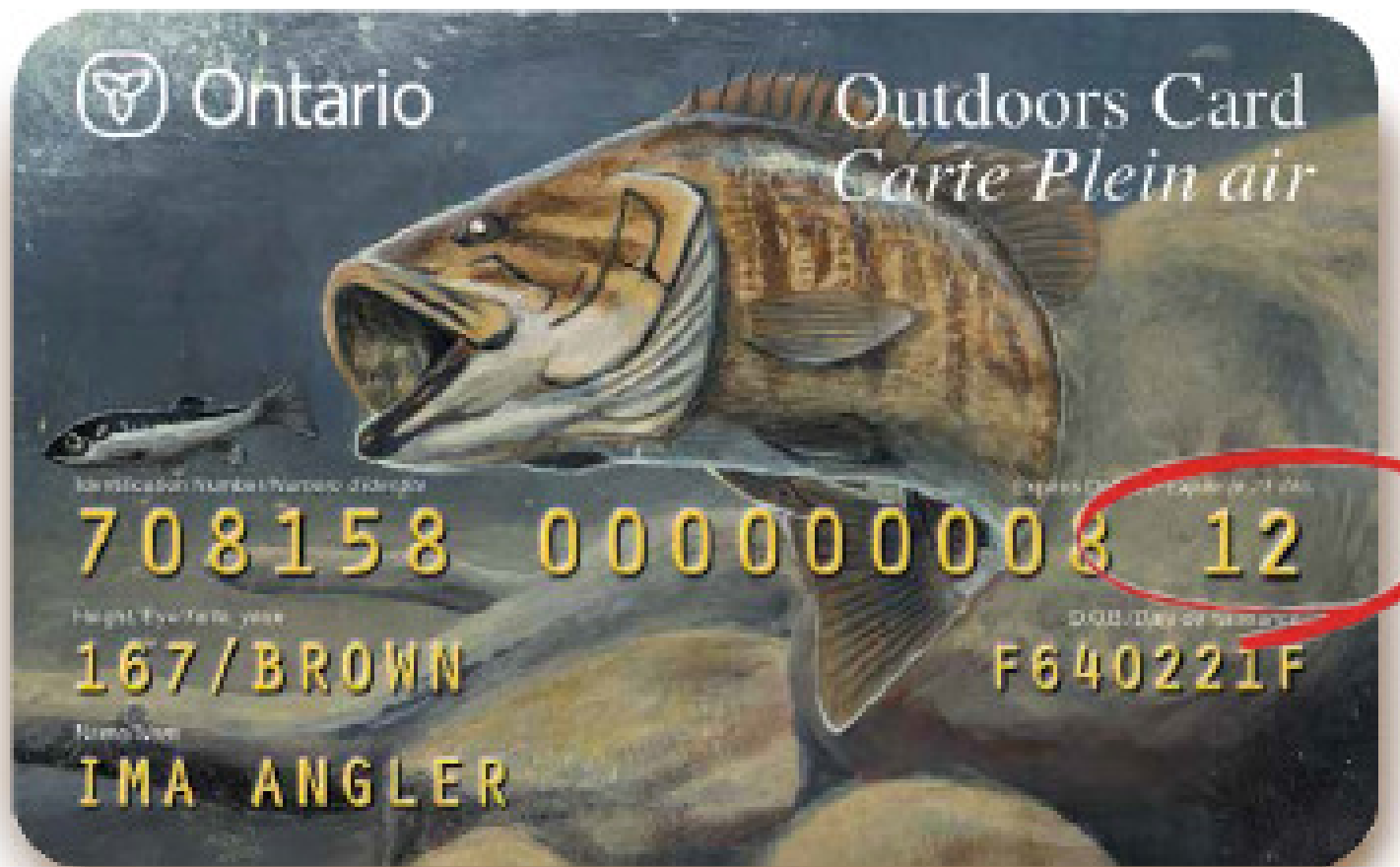
Source – Canadian Sportfishing Association

Oswego 48 inch Chinook (King) Salmon

- we did not catch these, and we surely would not eat them!



Purchase A Fishing Licence (also known as an Outdoors Card)



Obtaining a Licence

- Go to a Service Ontario office or one of the 1,600 authorized issuers
- We get our license and fishing gear from Bill at Shortwave, 110 Lakeshore Rd., East (lower level) in Port Credit
- Wal-Mart also issues licenses
- Your Ontario options are a Conservation or Sport Fishing licence
- Remember that if you are on the south Shore a New York licence will be required

Sport vs. Conservation Licence

MOST PEOPLE NEED ONE OF THE FOLLOWING RECREATIONAL LICENCE TAGS TO FISH IN ONTARIO

Sport Fishing Licence Tag: For anglers who want full catch and possession fishing privileges. In this summary, S - refers to limits under a Sport Fishing Licence (e.g. S - 4 = catch and possession limit of 4).

Conservation Fishing Licence Tag: A reduced catch and possession limit licence tag that is ideal for anglers who want to live-release the majority of fish caught. Under this licence tag, anglers must immediately release muskellunge, Atlantic salmon and aurora trout. In this summary, C - refers to limits under a Conservation Fishing Licence (e.g. C - 2 = catch and possession limit of 2).

Refer to the Zone tables and the exceptions for catch and possession limits.

Licence Costs

122	SPORT FISHING LICENCE - 3 YEAR	\$84.99
124	SPORT FISHING LICENCE - 1 YEAR	\$28.33
125	CONSERVATION FISHING LICENCE - 3 YEAR	\$48.54
127	CONSERVATION FISHING LICENCE - 1 YEAR	\$16.18

Southern Ontario Fishing Zones



Lake Ontario, the lower Niagara River and the St. Lawrence up to Brockville are Zone 20

Zone 20 Limits

ZONE 20 SEASONS AND LIMITS

SPECIES	OPEN SEASONS	LIMITS	SPECIES	OPEN SEASONS	LIMITS
Walleye & Sauger <i>or any combination</i>	Jan. 1 to Mar.1 & the 1st Sat. in May to Dec.31	S - 4; not more than 1 greater than 63 cm (24.8 in.) C - 2; not more than 1 greater than 63 cm (24.8 in.)	Brown Trout*	Open all year	S - 5 C - 2
Largemouth & Smallmouth Bass <i>or any combination</i>	3rd Sat. in June to Dec. 15	S - 6 C - 2	Rainbow Trout*	Open all year	S - 2 C - 1
Northern Pike	Jan. 1 to Mar. 31 & 1st Sat. in May to Dec. 31	S - 6 C - 2	Lake Trout*	Jan. 1 to Sept 30 & Dec. 1 to Dec. 31	S - 3 C - 1
Muskellunge	3rd Sat. in June to Dec. 15	S - 1; must be greater than 137cm (54 in.) C - 0	Pacific Salmon*	Open all year	S - 5 C - 2
Yellow Perch	Open all year	S - 50 C - 25	Atlantic Salmon*	Open all year	S - 1; must be greater than 63 cm (24.8 in.) C - 0
Crappie	Open all year	S - 30 C - 10	Lake Whitefish	Open all year	S - 12 C - 6
Sunfish	Open all year	S - 100 C - 50	Lake Sturgeon	Closed all year	
			Channel Catfish	Open all year	S - 12 C - 6



The following species are not present in this Zone and are closed all year: Brook Trout and Splake. American Eel is a specially protected fish species and may not be caught or possessed under a recreational fishing licence.

*Aggregate limits apply to these species. See page 7 for full details.

Our Equipment

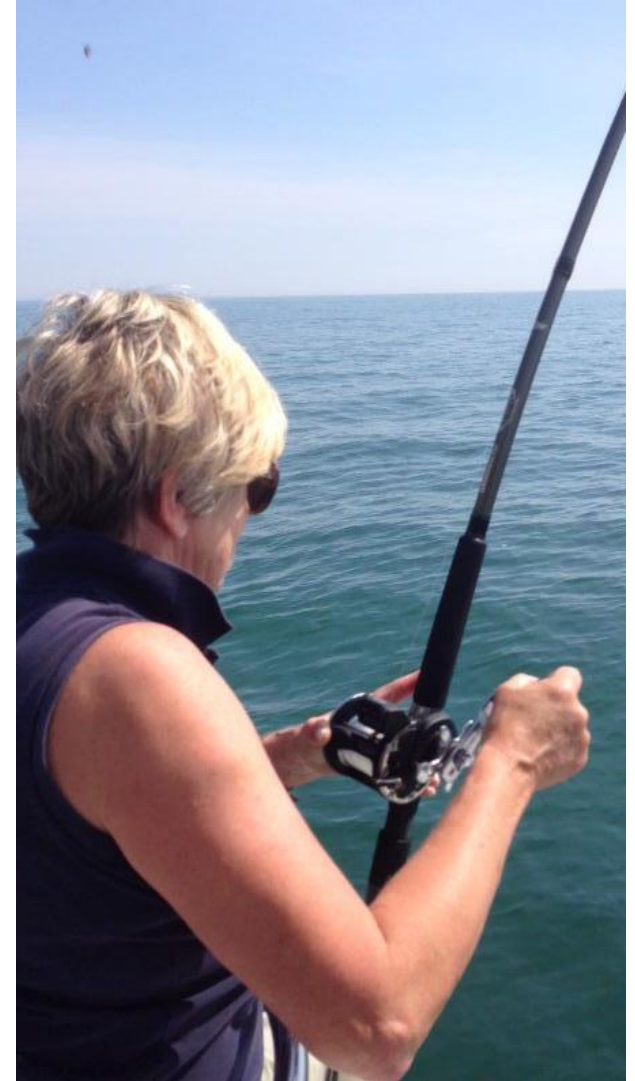
- Rod – Shimano TDR Trolling Rod
- Reel – Okuma Convector Reel
- Dipsy Diver – Luhr Jensen
- Lures – Variety of Spoons
- Net or Gaff – We use a rubber 18 inch diameter net with an expandable 6 foot pole

Trout in Net



Trolling Techniques

- We insert the 8 foot fishing rod in the flag pole holder, but special purpose rod mounts are also available to attach to the aft rail. We sit on the eagle seat.
- We troll at between 2 and 3 knots – this does drive Graham a little crazy and sometimes requires innovative sail trims in a heavy blow – see next page



Trolling Sail Trim in 20 knots of wind



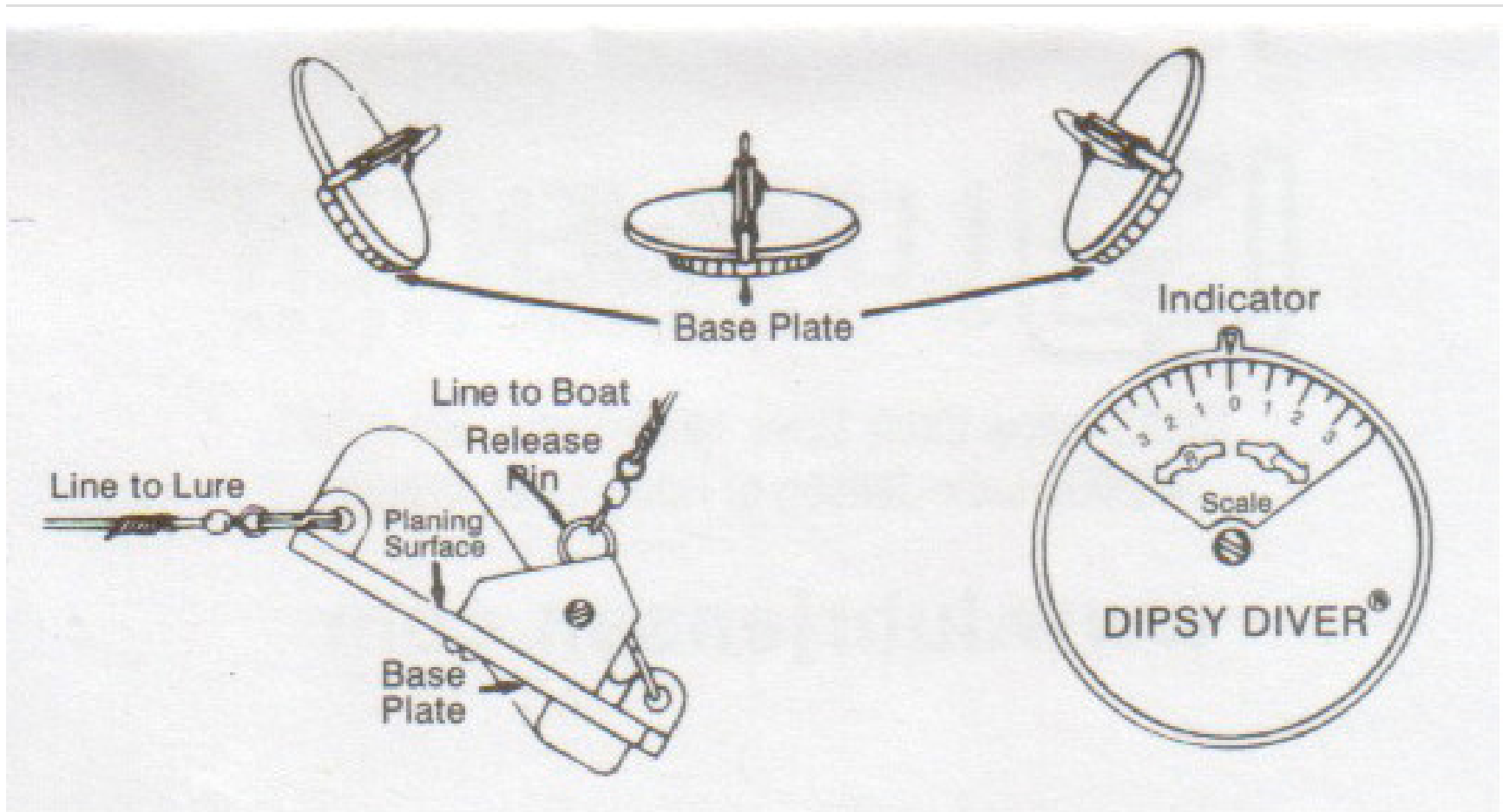
Trolling Depth

- Different fish like different water temperatures
- Depending on the season and time of year the ideal temperature could be at different depths
- Talk to the fishermen in port to gain intelligence about where they are (usually 45 to 60 feet near a ledge)
- We use the Luhr Jensen Dipsy Diver to get the lure down to the appropriate depth

The Luhr Jensen Dipsy Diver

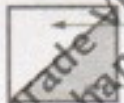


Adjusting the Dipsy Diver



#1 DIPSY DIVER® DEPTH CHART

The amount of line needed to reach a desired depth is shown under each base plate setting.



— Amount of line needed without "0" ring

— Amount of line needed with "0" ring

	BASE PLATE SETTING			
	0	1	2	3
	AMOUNT OF "LINE OUT", IN FEET, TO REACH DESIRED TROLLING DEPTH.			
10	16	20	24	30
15	21	25	30	35
20	31	35	41	50
25	39	46	55	67
30	50	58	69	84
35	63	73	88	106
40	74	88	105	129
45	89	104	144	150
50	106	123	147	170
60	138	168		
70	175			

DESIRED DEPTH

Lures

- Colour seems to be important to Trout and experimentation is required
- No live bait is required for Trout or Salmon as Spoons work well
- See chart later for types of lures

Landing Your Fish

- Gaff vs. Net – easiest from swim platform if dinghy is not in the way, otherwise at side gate
- Towel, mallet, glove and pliers – fish are slippery, can be messy, must be dispatched quickly and the hook removed
- Filleting knife – work on your technique
- Freezer baggies – we typically keep 4 pound Trout such as the 22 inch beauty on the next page, enough for several meals

July 18, 2013 Off Mimico



Filleting on the Swim Platform



Ontario's Gamefish and Lucky Strike's Recommended Lures

LAKE TROUT



Lake Trout are found in deep water where they can retreat to cooler depths in the summer. Temperatures around the 10°C/50°F mark are preferred by this prized catch.

Main Diet: insects, opossum shrimp, herring and smaller trout.

RECOMMENDED LURES:

Trolling spoons with a wide range of colours



Warden's Worry

MUSKELLUNGE



An Ontario favourite due to the Musky's fierce darting attack and because of their large size. The Canadian angling record from Blackstone Harbour, Georgian Bay, Ontario is 29.48 Kg, or 64.99 lbs.

Main Diet: other fish, frogs, small mammals and waterfowl.

RECOMMENDED LURES:

Large plugs, bucktail spinners, spoons and spinner baits



O' Wooden Musky Plug

Ontario's Gamefish and Lucky Strike's Recommended Lures

SMALLMOUTH BASS



Commonly referred to as smallies or bronzebacks the Smallmouth Bass are a thrill to catch because of their fierce fighting qualities.

Main Diet: Crayfish, frogs, insects and fish eggs.

RECOMMENDED LURES:

Crankbaits, worm harness and spinnerbaits



Yellow Perch Live Series

WALLEYE



Walleye are one of the best tasting catches in Ontario. They get their name from their large glassy eyes which are very sensitive to sunlight. Dusk and dawn are ideal times for catching this favourite.

Main Diet: A wide variety of other fishes, especially perch.

RECOMMENDED LURES:

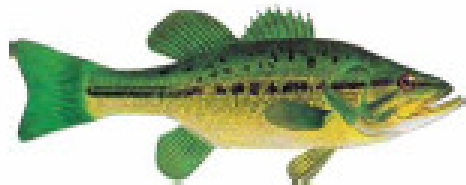
Lead-free jigs with grubtail or minnow and spinners



June Bug Spinner

Ontario's Gamefish and Lucky Strike's Recommended Lures

LARGEMOUTH BASS

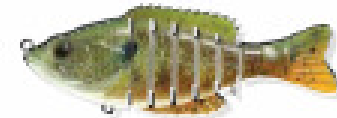


Most popular in Southern Ontario, the Largemouth Bass can be found in calm shallow areas of lakes and large river bays. Unlike its cousin, the Smallmouth Bass, it favours heavy aquatic vegetation and submerged logs.

Main Diet: A variety of fishes, insects, leeches, crayfish, frogs and mice.

RECOMMENDED LURES:

Soft plastic worms and frogs, surface baits, crankbaits and jigs



Sunfish Live Series

BROOK TROUT

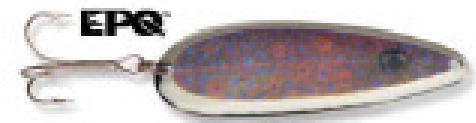


Other common names for this fish are Speckled Trout, Squaretail and Brookie. Specks can be found in Central and Northern Ontario streams and lakes, usually in less than 20°C water. Favourite spots are shaded areas like under fallen trees, underneath banks, and behind rocks.

Main Diet: Food includes aquatic insects, various fish including their own young, frogs, salamanders and mice.

RECOMMENDED LURES:

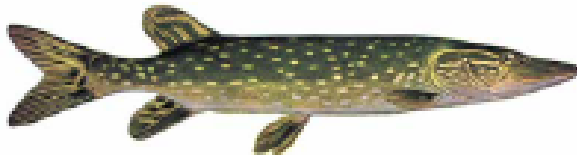
Spinners, spoons, plugs, jigs, wet and dry flies



Toronto Wobbler

Ontario's Gamefish and Lucky Strike's Recommended Lures

NORTHERN PIKE



Pike are solitary and are found in lakes and rivers where the water is still or in slow currents. Females grow larger, faster and live longer than males; life span is up to 26 years.

Main Diet: Over 90% of the diet for adult Pike are other fish, mainly Yellow Perch and shiners. Frogs, crayfish, mice, muskrats and ducklings provide meals as well.

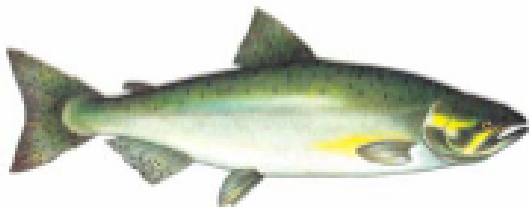
RECOMMENDED LURES:

Trolling Spoons and Plugs of red and white colour combinations are most effective



Half Wave Spoon

CHINOOK SALMON



Chinook Salmon have been stocked in the Great Lakes region which has enhanced the sportfishing and tourism industries of Ontario. More commonly known as King Salmon, this fish species is sought after by anglers because of their fierce fighting power and size.

Main Diet: Freshwater herring, smelt, crustaceans and insects.

RECOMMENDED LURES:

Flutter spoons on downriggers and .75 to 1.3 ounce spoons for flatlining. Silver combinations and glow in the dark colours are popular



Canoe Wobbler

If You Can't Catch One – Make One!

Diane's Palm Frond Carved and Painted Tropical Fish
(more on her website at www.seggerstudio.com)

